

# Adventure Forest Ltd

## Conditions of Entry & Safety Rules

**You are responsible for your own safety in the Park. By entering the Park, you agree to comply with the following Conditions of Entry and Safety Rules:**

- You enter this property solely at your own risk. Adventure Forest Ltd (AFL) will not be responsible for any injury or loss which may arise whilst visiting the park.
- Please walk on the designated tracks, and respect trees and vegetation.
- Do not stand under the equipment. Do not pass under an activity if someone is using it.
- "Flying Fox" landing zones are dangerous areas; keep away.
- No smoking please, and put rubbish in the bins provided.
- Dogs are permitted on a leash. Please clean up after them.
- Access will be denied to any person considered to be under the influence of drugs or alcohol. Our judgement is final.
- If you see someone in trouble, please call the nearest staff member. Do not attempt to climb the equipment. You may endanger yourself and others if you do.
- All users and spectators are required to act responsibly and courteously at all times, and to respect other participants.
- AFL is entitled to prevent any person from undertaking or completing circuits in the event of unsuitable behaviour. No refund can be claimed in this case.

**Access is forbidden outside opening hours.**

## **Activities rules:**

To undertake the activities, you must:

- attend the safety briefing
- pay admission
- read and accept the Conditions of Entry & Safety Rules
- be reasonably fit and healthy
- sign the entry form

The activities in the Park do involve some risk. All participants must be physically and mentally able to sustain a basic level of physical exertion and stress. These activities are not recommended for pregnant women, people with back injuries or heart conditions, or for those who have any disabilities that may affect their ability to participate.

### **Size restrictions:**

You must be able to reach 1.8m in order to access the blue and red circuits, and 1.5m for the white, yellow and green circuits. Maximum weight is 120 kg.

### **Clothing and jewellery:**

Participants must be dressed appropriately for physical exercise in an outdoor environment. Bare skin should be minimised. Appropriate tightly fitting footwear which encloses the entire foot, such as trainers, is essential; jandals, sandals and slip-on shoes are not suitable. Scarves and loose or baggy clothing is not permitted. Long hair must be tied back. Jewellery and body piercings must be removed or taped over.

### **Safety equipment:**

You are required to wear the safety equipment provided and fitted by AFL. If further adjustment is necessary, your equipment must be rechecked by our staff before resuming the activity. You are not allowed to share any part of the safety gear, or to use equipment not supplied by AFL.

### **Safety briefing and training:**

Attendance at the safety briefing is compulsory prior to commencing the circuits. You will be allowed to go on the circuits on your own when Adventure Forest staff are satisfied that you

have understood all safety procedures, and when you have successfully completed the practice circuit.

You are then responsible for following all safety rules and guidelines.

### **Safety rules and guidelines:**

- You must be clipped to the safety lines at all times, using the red karabiners.
- Do not deliberately jump on platforms, shake the wires, distract or endanger other participants in any way.
- Only one person at a time is allowed on each activity. Only two people at a time are allowed on the platforms.
- Do not leave a circuit before the end without authorisation and assistance from an AFL staff member.
- Do not use cameras, cellphones, Ipods or other electronic devices while on the circuits. You need both your hands free in order to be safe, and these items can fall on people below you. You may also lose them in the forest.

### **Supervision of children:**

Children up to the age of 16 must be accompanied by an adult of 18 years or over. All children must be within sight of a supervising adult at all times.

#### **Under 12's:**

One adult may supervise a maximum of 3 children under 12. Active supervision is essential; under 12's must be accompanied on the circuits by an adult at all times.

#### **12 to 16 year olds:**

Up to six 12 to 16 year olds can be supervised by one adult, who may remain on the ground.

**Thank you for your co-operation in making Adventure Forest a safe and enjoyable experience for everyone!**